

## **Editorial – v. 1, n. 3**

We present the third number of the first volume of the South Florida Journal of Health (SFJH).

The SFJH arose from the perception of professors and researchers about the need to create new scientific vehicles whose mission is to disseminate health research, not only in Brazil, but also in Latin America. In this sense, this new scientific journal was created.

Among the contributions presented in this issue, the following stand out: Resistant training for street runners; Practice of physical exercises as a non-pharmacological strategy in the treatment of alzheimer's disease treatment. In addition to this highlight, other important contributions can be accessed in this number.

We wish the readers a great and enjoyable reading.

Prof. Dr. Edilson Antonio Catapan  
Editor-in-Chief